

Reg. No.:.....

**Second B.Sc. Nursing (Ayurveda) Degree Supplementary Examinations
November 2021**

Swasthavrutha II

Time: 3 hrs

Max marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers
- Write SECTION A and SECTION B in separate Answer books. Do not mix up questions from Section A and Section B.

Q.P. Code 209009

Section A

50

Essays

(10)

1. Explain "Varsha Rithucharya" (वर्ष ऋतु चर्यष) and the importance of "Ritu sodhana" (ऋतु शोधन)

Short notes

(5x5=25)

2. Vyayama and its importance (व्ययर्यमः).
3. Arogya lakshana (आरोग्य लक्षण)
4. Danthadavana and its importance (दन्त धयवन).
5. Daily consumable diet.
6. Brahmacharya and its importance (ब्रह्मचर्य).

Answer briefly

(5x3=15)

7. Properties and contraindications of Snana (स्नयन)
8. Contraindications of Thamboola (तयम्बूल).
9. Sadvritta (सद्वृत्त)
10. Define Rithu sandhi and its importance (ऋतु सन्धि)
11. What are the diseases caused by Mootra vega dharana (मूत्र वेग धयरण)

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Section B

50

Essays

(10)

1. Role of nurse in family planning services.

Short notes

(5x5=25)

2. Levels of prevention.
3. Family planning methods
4. Epidemiological triad
5. Importance of health education
6. Immunity

Answer briefly

(5x3=15)

7. What are the diseases caused by Vitamin A deficiency
8. WHO definition of health
9. Mumps
10. Uses of epidemiology
11. Methods of disinfection.
